



THE MONROE INSTITUTE®
Explore consciousness ~ Transform your life



TMI Newsletter

October 18, 2012

*"I am more than my physical body.
Because I am more than physical matter I
can perceive that which is greater than
the physical world...."*

- Robert A. Monroe, from the Gateway Affirmation.

Lifeline Program Episodes on the Biography Channel

**Kudos and Congrats to all who participated
in the great success of "Journey of the Lost"**

Only the diligence of our staff kept our website from being completely overwhelmed with the volume of traffic inspired by the two episodes aired on the BIO Channel last weekend.



Missed the shows on TV? For a short time you can watch them online [HERE](#).

Lifeline and Going Home:

Death Insurance

"The Step Beyond"

by Bob Monroe

"When Nancy Penn Monroe, my wife for twenty-three years and co-founder of The Monroe Institute, contracted breast cancer, I was sure that our methods and techniques along with conventional medical treatment would take care of the problem. Then, as her condition slowly worsened, the realization came that we should have some Death Insurance... Thus [Lifeline](#) was born..."

A few years later, Bob developed [Going Home](#), a system of exercises designed for those facing death - for both the dying individuals themselves, as well as their still physical loved ones who are anticipating the loss.



Reprinted below is an article, "One Step Beyond," written by Bob Monroe and published in the Winter, 1994, *TMI Focus* newsletter - the poignant account of how these two powerful programs came into being:

Throughout human history there has been a common yearning and nostalgia for something deep in ourselves-our true identity, our origin. Many of us interpret it as a desire to revisit the site of our physical origin, our birthplace and childhood. Of those who do, most come away vaguely unsatisfied and unfulfilled.

They expected more but cannot define what they mean by "more." Then there are, among us ordinary people, those who sometimes pause for a moment to reflect on what it all means. But just for a moment.

A growing number of us finally become astute enough to realize that one way or another each of us will eventually be "Going Home." To our original point of origin. Not Here but There, without keen knowledge of what "There" really is. It's only a matter of time.

[Read more ...](#)

Lifeline Service to the Dead And the Living

As if it weren't obvious, we are thrilled with TMI's "The unexplained" episodes! It's given us a chance to showcase the power, beauty, and genius of the *Lifeline* program. But rescue and retrieval work doesn't only happen in a [CHEC](#) unit.

Creative uses of Lifeline tools and techniques are the norm among TMI's participants. Here are just a few Participant Stories -

[Space Shuttle Columbia Retrieval](#)

Col. Douglas M. Black, USMC, retired

Focus | Summer/Fall 2003

A heartfelt rescue of astronauts.

[Lifeline Partnerships: Completing the Circle](#)

by Micki Hawes

Focus | Spring 1997

Being called to a retrieval.

[A 9/11 Experience: Hope Amid the Ruins](#)

Dirk Dunning

Focus | Fall 2002

Joining the rescue work at the World Trade Center

[You Never Know What You'll Find at Lifeline](#)

Mary Ann Tilford

Focus | Winter 2001

Responding to the unexpected.

[The Bob McC... Incident](#)

Jack Auman

Focus | Spring 1994

Father and son veterans.



Lifeline's Impact on a Participant

Patricia Gore



Lifeline Participant Patricia Gore

In Journey of the Lost Parts 1 and 2 participants spoke of the life-changing nature of their experiences. The producers were able to verify historically several of the retrievals completed during the program. Here, Pat Gore speaks about the impact that participation in this program has had in her life.

What our Facebook Fans Said About "Journey of the Lost"

D. K. Finally! This show proved that there are people just like me out there in the world, doing exactly the same sort of things I've done for years via meditations. Awesome!

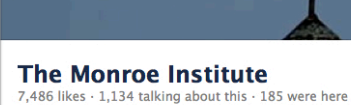
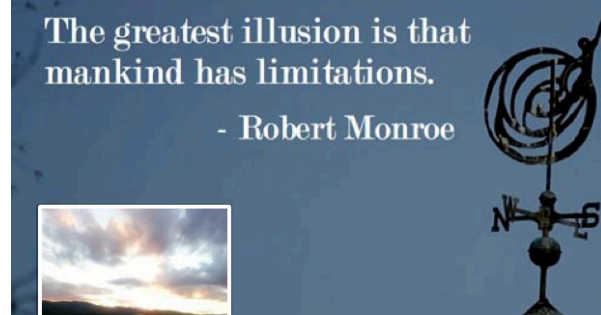
D.B. Loved everything about The Monroe Institute. Every expert you had on this season I'd love to see again. They were all fascinating. I have favorites, but The Monroe Institute programs feel like a calling.

R.C. I hope we get to see more from TMI on the unexplained and on other shows. I would love to go to TMI some day. I wonder how many haunted places are really just misunderstood spirits and helping them move on is really a great gift to them and a wonderful experience for us. Good luck and keep up the great work.

S.G. Just saw the show and I was very touched! Just as in life sometimes we get "STUCK" and need a little guidance.

T.M. I was so inspired that I am booked to a Monroe workshop weekend in December. Great show.

J.G.M. I saw it and it was mind blowing for me. I even recorded it and locked it down so I could watch it again. I always felt there was more to this life than I could imagine. Now I'm convinced that this is what I should be doing with my life. I would love the chance to go to TMI and be part of something that I'm so passionate about. I'd love to go to the part of my existence that is beyond this human body and use it in soul retrieval to help others. I believe I have found a passion inside I can't ignore.



The Monroe Institute
7,486 likes · 1,134 talking about this · 185 were here

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Office Hours: Monday through Friday,
9:00 am - 5:00 pm

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TMI has begun it's End-of-Year Sale!



[Click here to begin your holiday shopping at 20% off.](#)

Since the shows, we've been hearing

"How Can I Be Part of This?"

Are you are a newbie to TMI?

Here's how to get started -

[Go Here...and](#)

[Choose A Program](#)

[Pick Your Date](#)

[Plan Your Visit](#)



TMI Program Sampler

Take a look at our 6-day residential programs, and prepare to transform your life.

[Exploration 27®](#)

[Exploration Essence](#)

[Explorer Imperative](#)

[Exploring Energy Healing](#)

[Facilitator Training](#)

[Graduate Exploration Essence](#)



[Guidelines®](#)

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Join Us to Speak with Participants of "Journey of the Lost"

Heads up on a live interaction! This is your opportunity to personally speak with members of the "Journey" Lifeline group.

Stay Tuned!

In a couple of days you will receive a special news bulletin with all the details.

How * When * Who

Local Chapter Network:

"volunteering our time to help you connect"

The [Local Chapter Network \(LCN\)](#) is a thriving, active volunteer organization committed to supporting TMI grads and introducing new people to TMI at the local level throughout the US. LCN comprises **48 Chapters** within 11 Regions -- and growing!

[Join an existing Local Chapter](#)

[Form a new Local Chapter](#)

[Current LCN newsletter...](#)

HUB Highlights

New on our blog:

- [Indian man survives without food or water for 126 days](#)
- [Mayan Calendar Discovery - The World Does Not End](#)
- [Quantum Computing Wins a Nobel Prize](#)

The Hub offers content we think people who are interested in TMI will be interested in. When you notice Hub-worthy items, [please send a link.](#)

THE HUB:

[Adventures in Consciousness](#)

TMI Apps What do you want?

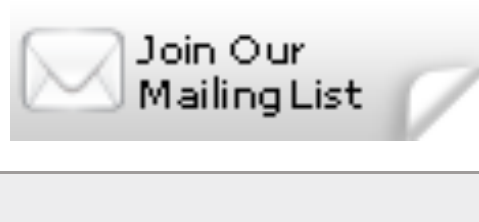
App development is on TMI's To Do list. What mobile apps would you like The Monroe Institute to build? [Let us know!](#)

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Contact TMI

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